DR. MOSHE GABBAY, MDCM, FRCPC
CLINIQUE MÉDICALE MEDIPLEX

DIABETES
GLUCOSE MONITORING CALENDAR

Name _____ D.O.B. _____ Date _____

Monitoring instructions: One day a week,

7 times during the day (or otherwise, if instructed by the doctor)

MONTH:	AM	2 hrs after breakfast	Before lunch	2 hrs after lunch	Before supper	2 hrs after supper	Before going to sleep
Week 1							
Date:							
Week 2							
Date:							
Week 3							
Date:							
Week 4							
Date:							
MONTH:							
Week 1							
Date:							
Week 2							
Date:							
Week 3							
Date:							
Week 4							
Date:							